

**my
Planner**

2015 – 2016

Created by: Deana Bahadoorsingh



Name:

August 2015

sun	mon	tues	wed	thur	fri	sat
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

September 2015

sun	mon	tues	wed	thur	fri	sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2015

sun	mon	tues	wed	thur	fri	sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2015

sun	mon	tues	wed	thur	fri	sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2015

sun	mon	tues	wed	thur	fri	sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2016

sun	mon	tues	wed	thur	fri	sat
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

March 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

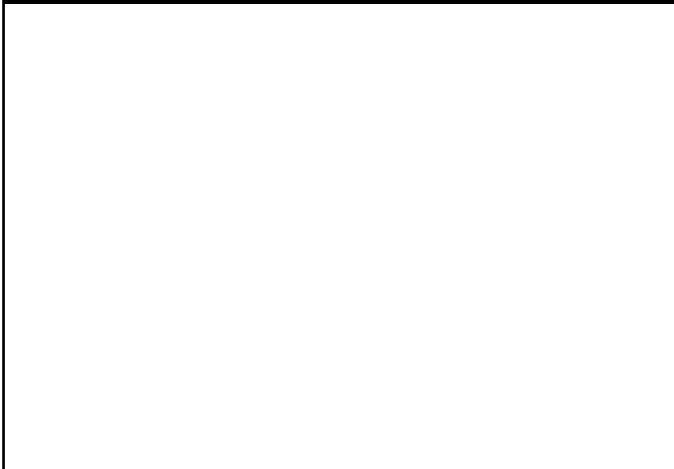
August 2015

An empty calendar grid for the month of August 2015, consisting of a 6x7 grid of cells.

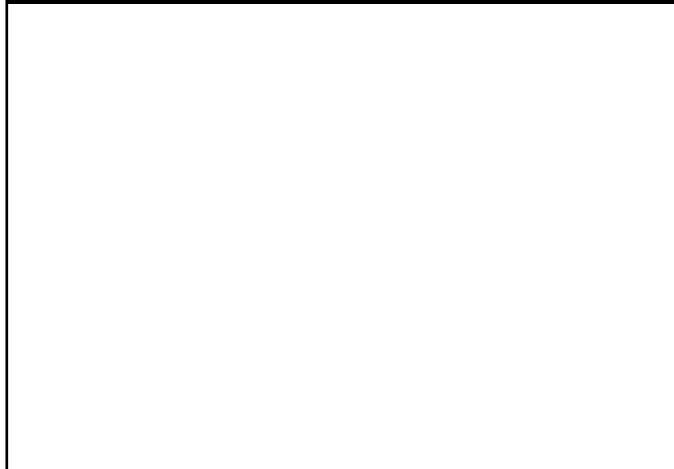
September 2015

An empty calendar grid for the month of September 2015, consisting of a 6x7 grid of cells.

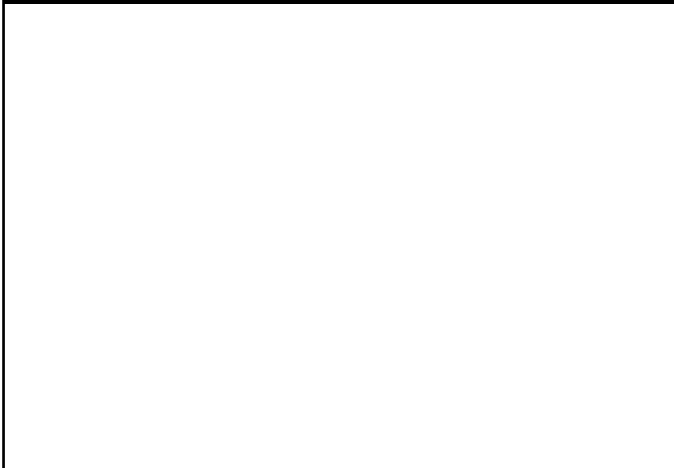
October 2015

An empty calendar grid for the month of October 2015, consisting of a 6x7 grid of cells.

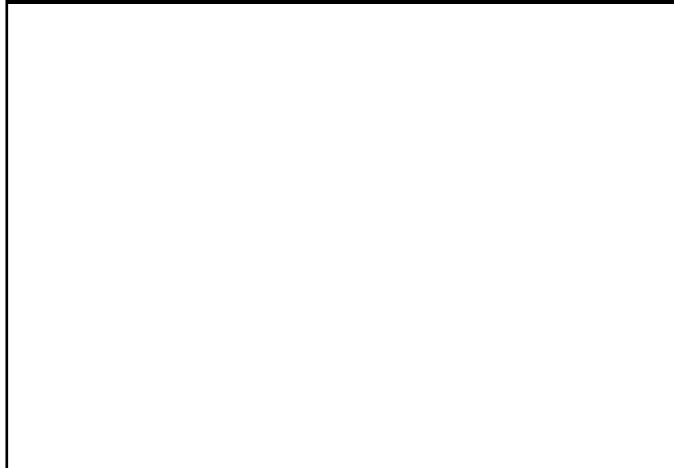
November 2015

An empty calendar grid for the month of November 2015, consisting of a 6x7 grid of cells.

December 2015

An empty calendar grid for the month of December 2015, consisting of a 6x7 grid of cells.

January 2016

An empty calendar grid for the month of January 2016, consisting of a 6x7 grid of cells.

February 2016

A large empty rectangular box with a thin black border, intended for a calendar grid for the month of February 2016.

March 2016

A large empty rectangular box with a thin black border, intended for a calendar grid for the month of March 2016.

April 2016

A large empty rectangular box with a thin black border, intended for a calendar grid for the month of April 2016.

May 2016

A large empty rectangular box with a thin black border, intended for a calendar grid for the month of May 2016.

June 2016

A large empty rectangular box with a thin black border, intended for a calendar grid for the month of June 2016.

July 2016

A large empty rectangular box with a thin black border, intended for a calendar grid for the month of July 2016.



July

hey! Remember to:

- Talk to the creator first thing each morning
- Talk to the creator before sleeping each night
- Take five minutes each night to reflect on the day
- Write down one thing you are most thankful for each day
- Meditate for five minutes each day
- Exercise for seven minutes each day
- Eat one fruit each day
- Drink seven glasses of water each day
- Have a family-game night
- Have a girls/guys night out
- Have a movie night at home
- Read a good book each month
- Write down a quote each month
- Call/catch up with an old friend
- Take one day in the month to pamper/treat yourself
- Genuinely compliment someone each day
- Visit the beach
- Laugh
- Love yourself
- look for positive traits in everyone you meet
- Think positive
- Work hard
- Immediately tidy areas after using
- Pay all monthly bills
- Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

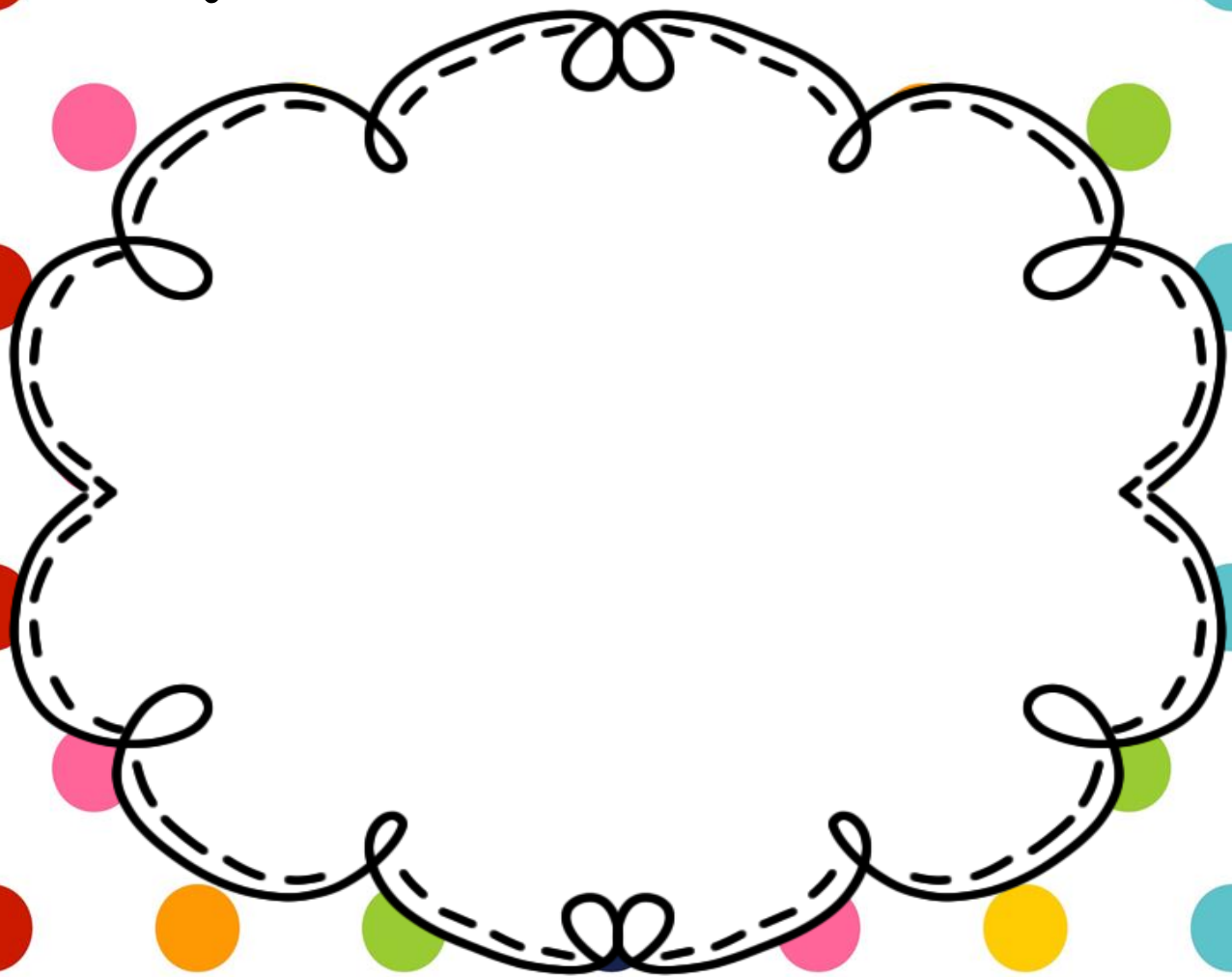
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2015 July



sun

mon

Tues

wed

Thur

Fri

sat

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

July



1st Wednesday

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2nd Thursday

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3rd Friday

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4th Saturday

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July

5th Sunday

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6th Monday

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7th Tuesday

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July



8th Wednesday

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9th Thursday

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10th Friday

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11th Saturday

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July

12th Sunday

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13th Monday

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14th Tuesday

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July



15th Wednesday

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16th Thursday

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17th Friday

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18th Saturday

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July

19th Sunday

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20th Monday

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21st Thursday

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July



22nd Wednesday

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23rd Thursday

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24th Friday

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25th Saturday

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July

26th Sunday

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27th Monday

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28th Tuesday

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July



29th Wednesday

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30th Thursday

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31st Friday

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Notes:



August

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- Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

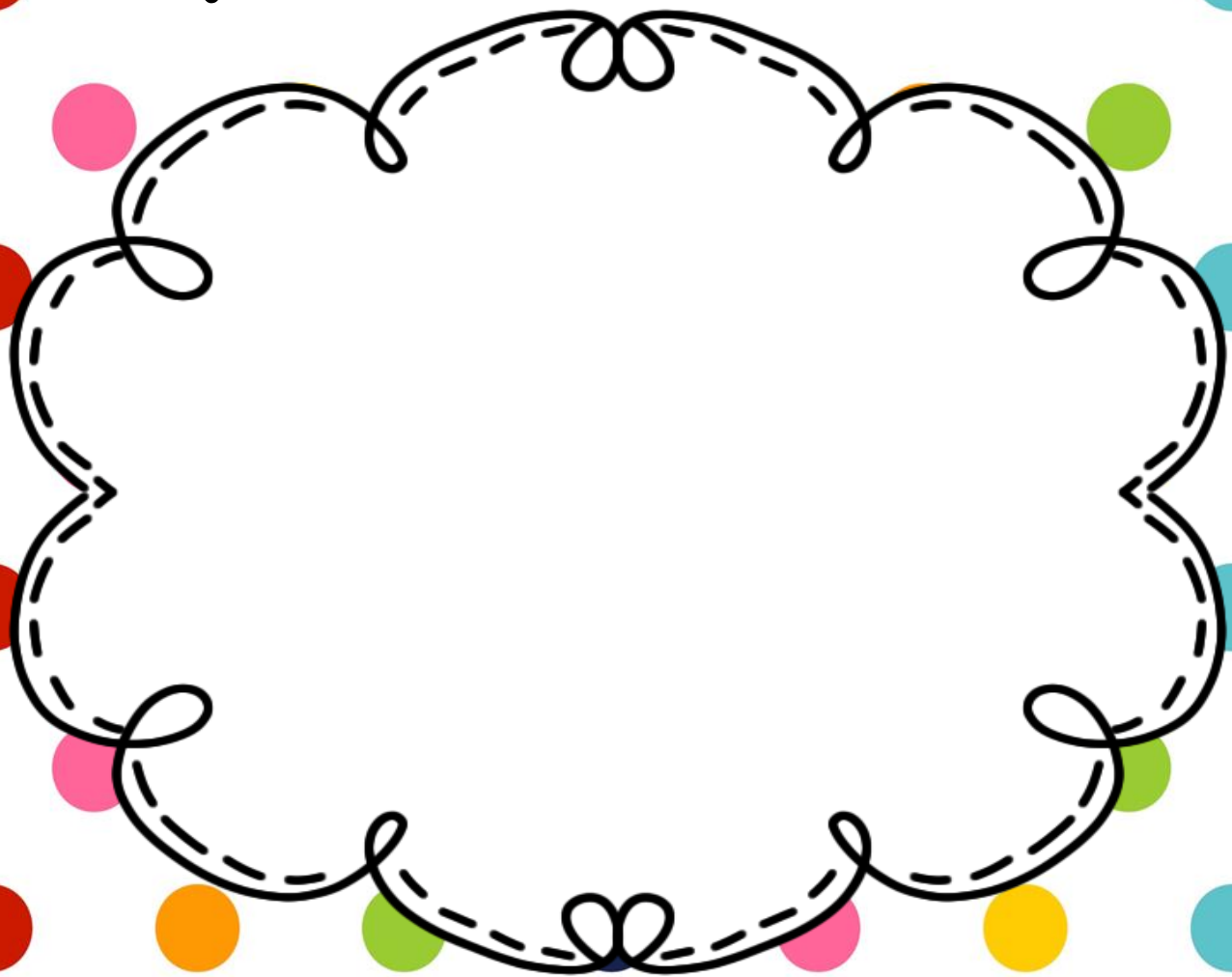
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2015

August



sun	mon	Tues	Wed	Thur	Fri	Sat
30	31 Independence Day					1 Emancipation Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

August



1st Saturday

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2nd Sunday

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3rd Monday

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4th Tuesday

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August

5th Wednesday

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6th Thursday

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7th Friday

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August



8th Saturday

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9th Sunday

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10th Monday

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11th Tuesday

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August

12th Wednesday

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13th Thursday

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14th Friday

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Notes:

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August



15th Saturday

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16th Sunday

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17th Monday

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18th Tuesday

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August

19th Wednesday

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20th Thursday

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21st Friday

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Notes:

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August



22nd Saturday

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23rd Sunday

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24th Monday

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25th Tuesday

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August

26th Wednesday

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27th Thursday

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28th Friday

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August



29th Saturday

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30th Sunday

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31st Monday

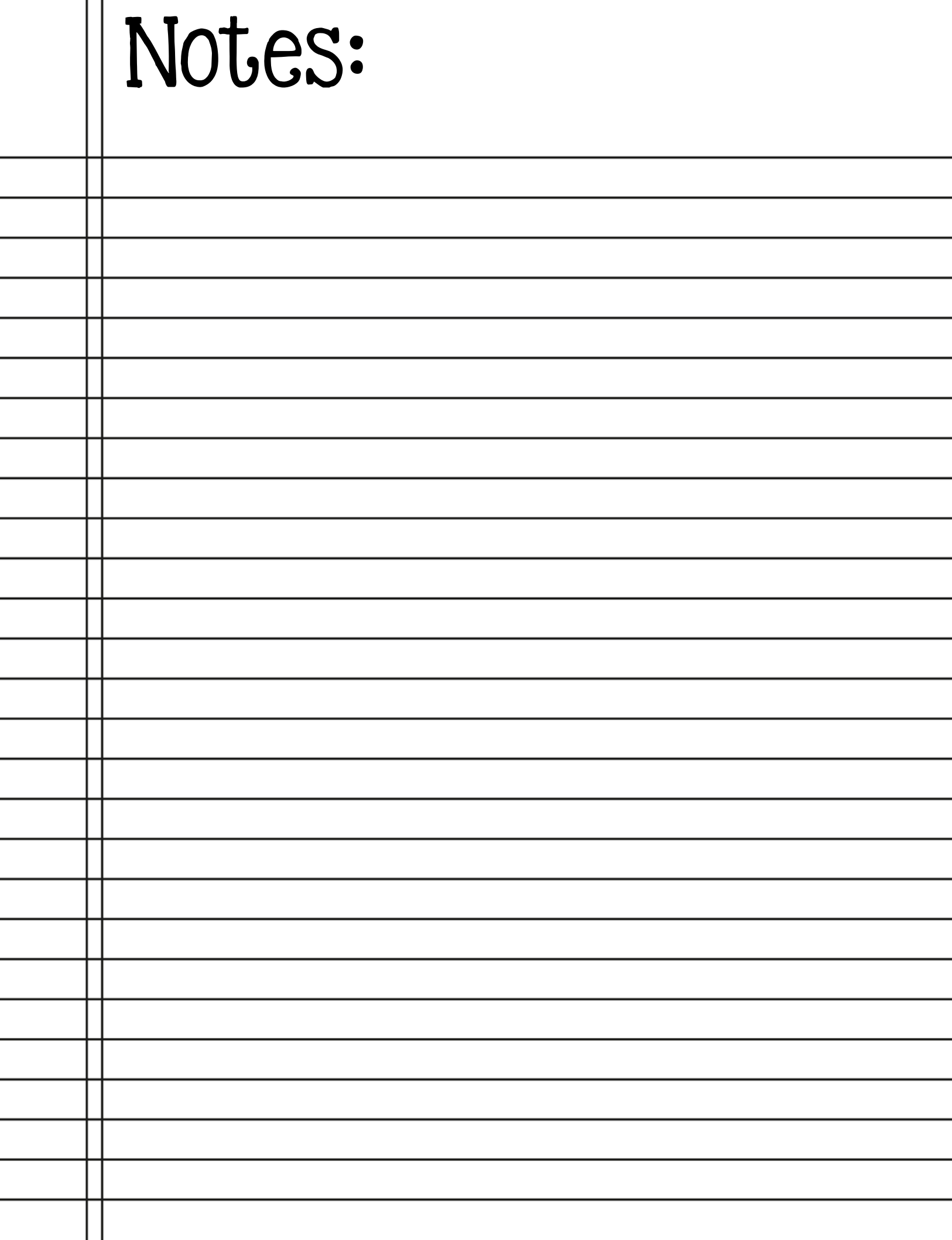
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Notes:

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Notes:

Notes:



Notes:



September

hey! Remember to:

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- ☒ Exercise for seven minutes each day
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- ☒ Drink seven glasses of water each day
- ☒ Have a family-game night
- ☒ Have a girls/guys night out
- ☒ Have a movie night at home
- ☒ Read a good book each month
- ☒ Write down a quote each month
- ☒ Call/catch up with an old friend
- ☒ Take one day in the month to pamper/treat yourself
- ☒ Genuinely compliment someone each day
- ☒ Visit the beach
- ☒ Laugh
- ☒ Love yourself
- ☒ look for positive traits in everyone you meet
- ☒ Think positive
- ☒ Work hard
- ☒ Immediately tidy areas after using
- ☒ Pay all monthly bills
- ☒ Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2015

September



sun	mon	Tues	Wed	Thur	Fri	sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	Republic Day		

September



1st Tuesday

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2nd Wednesday

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3rd Thursday

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4th Friday

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September

5th Saturday

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6th Sunday

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7th Monday

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September



8th Tuesday

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9th Wednesday

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10th Thursday

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11th Friday

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September

12th Saturday

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13th Sunday

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14th Monday

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September



15th Tuesday

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16th Wednesday

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17th Thursday

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18th Friday

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September

19th Saturday

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20th Sunday

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21st Monday

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September



22nd Tuesday

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23rd Wednesday

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24th Thursday

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25th Friday

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September

26th Saturday

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27th Sunday

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28th Monday

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September



29th Tuesday

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30th Wednesday

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Notes:

Notes:



October

hey! Remember to:

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My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

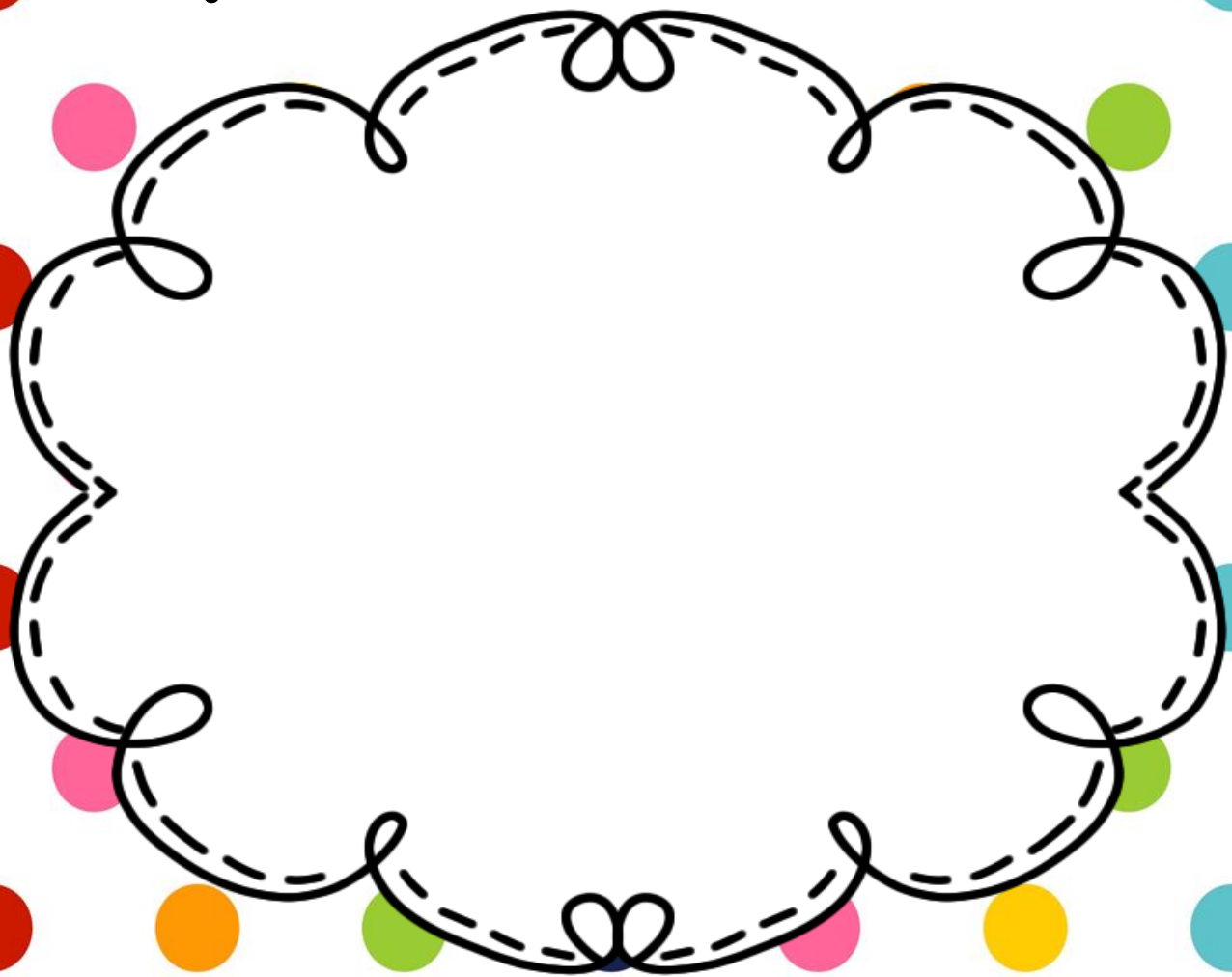
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2015

October



sun

mon

Tues

wed

Thur

fri

sat

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October



1st Thursday

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2nd Friday

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3rd Saturday

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4th Sunday

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October

5th Monday

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6th Tuesday

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7th Wednesday

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Notes:

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October



8th Thursday

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9th Friday

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10th Saturday

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11th Sunday

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October

12th Monday

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13th Tuesday

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14th Wednesday

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Notes:

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October



15th Thursday

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16th Friday

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17th Saturday

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18th Sunday

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October

19th Monday

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20th Tuesday

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21st Wednesday

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Notes:

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October



22nd Thursday

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23rd Friday

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24th Saturday

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25th Sunday

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October

26th Monday

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27th Tuesday

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28th Wednesday

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Notes:

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October



29th Thursday

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30th Friday

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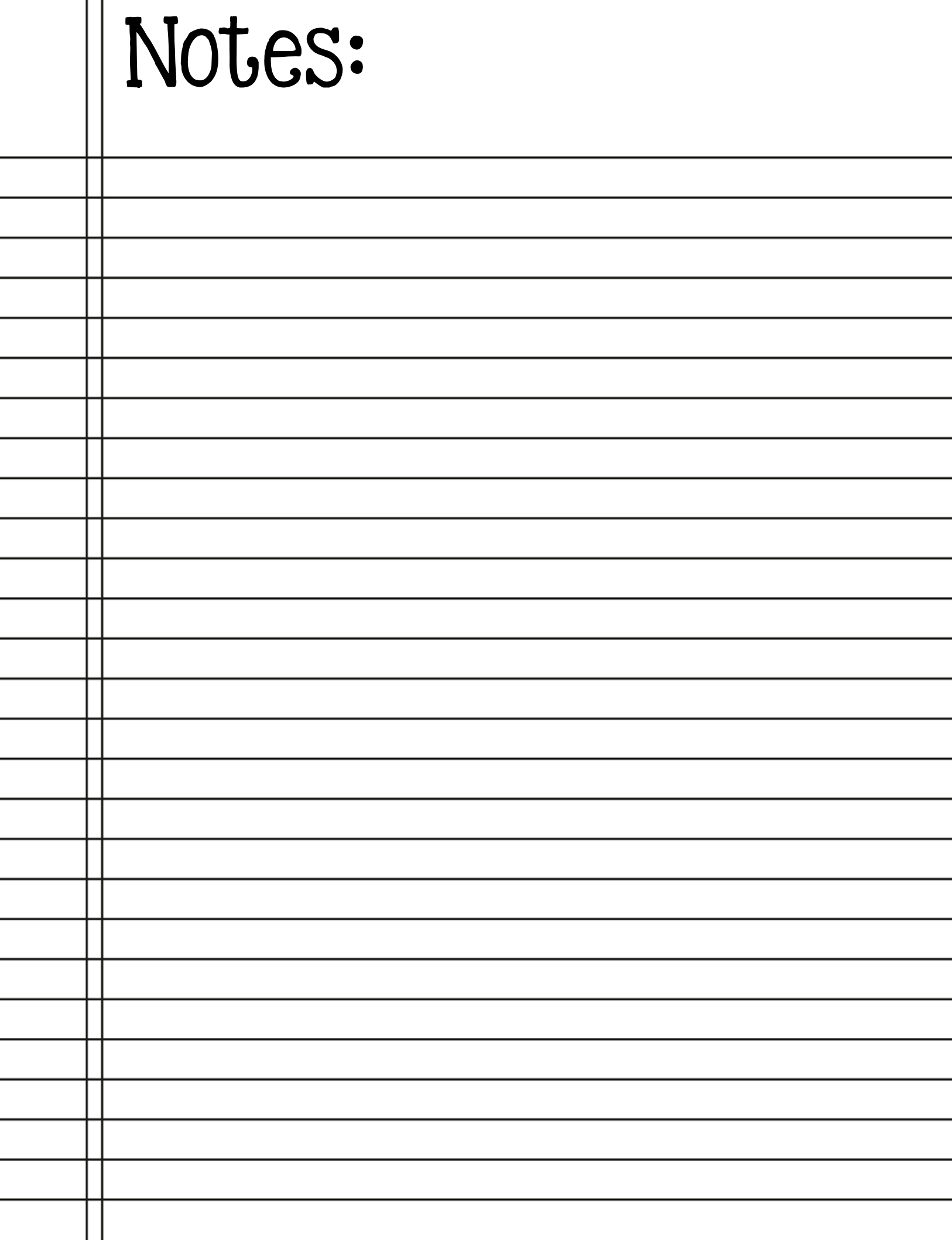
31st Saturday

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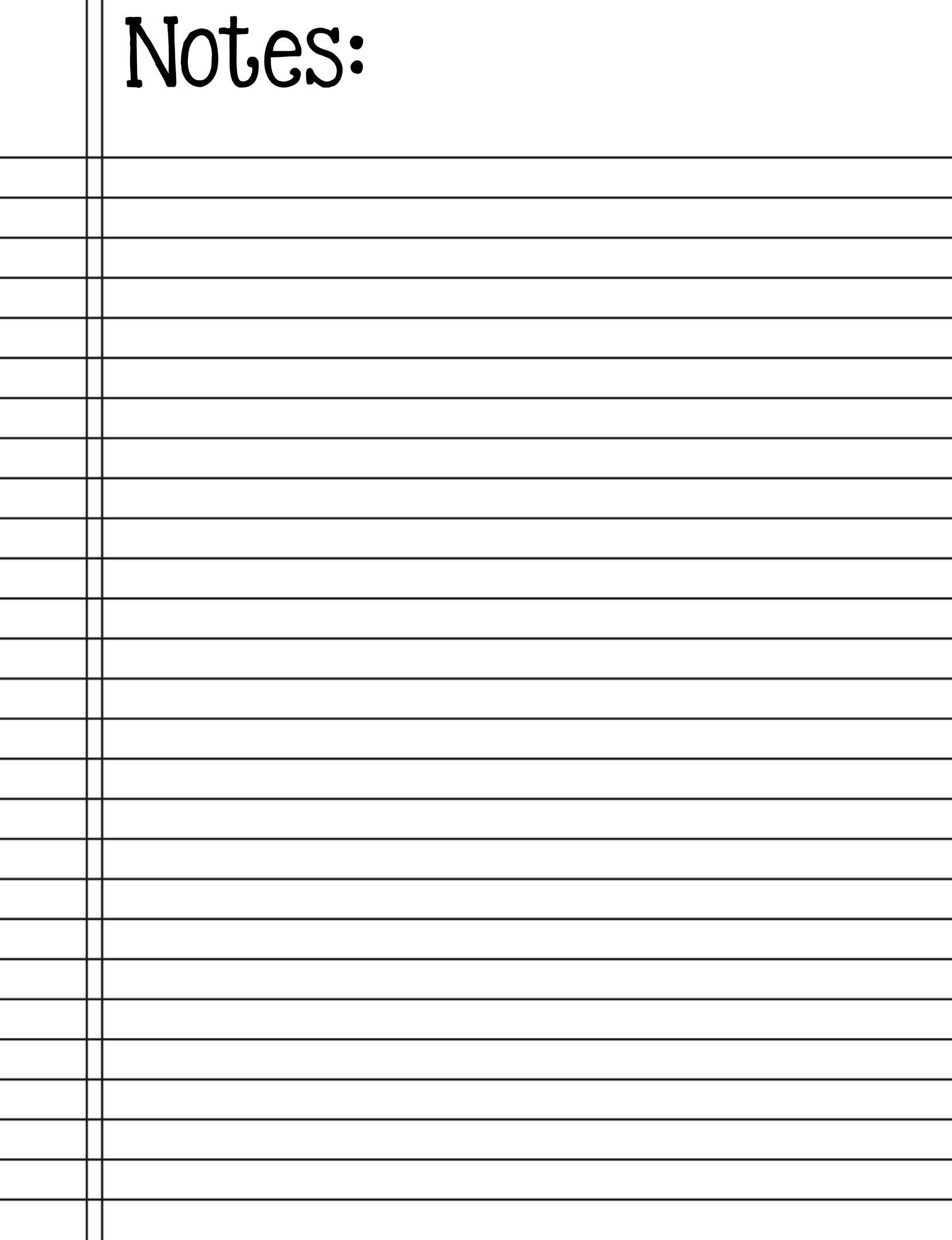
Notes:



Notes:

A series of horizontal lines for writing notes, starting below the header and continuing to the bottom of the page. The lines are evenly spaced and extend across the width of the page.

Notes:

The image shows a sheet of white paper with a vertical line on the left side, creating a margin. The rest of the page is filled with horizontal lines for writing. The word "Notes:" is written in a large, black, serif font at the top left of the page.



November

hey! Remember to:

- ☒ Talk to the creator first thing each morning
- ☒ Talk to the creator before sleeping each night
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- ☒ Exercise for seven minutes each day
- ☒ Eat one fruit each day
- ☒ Drink seven glasses of water each day
- ☒ Have a family-game night
- ☒ Have a girls/guys night out
- ☒ Have a movie night at home
- ☒ Read a good book each month
- ☒ Write down a quote each month
- ☒ Call/catch up with an old friend
- ☒ Take one day in the month to pamper/treat yourself
- ☒ Genuinely compliment someone each day
- ☒ Visit the beach
- ☒ Laugh
- ☒ Love yourself
- ☒ look for positive traits in everyone you meet
- ☒ Think positive
- ☒ Work hard
- ☒ Immediately tidy areas after using
- ☒ Pay all monthly bills
- ☒ Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

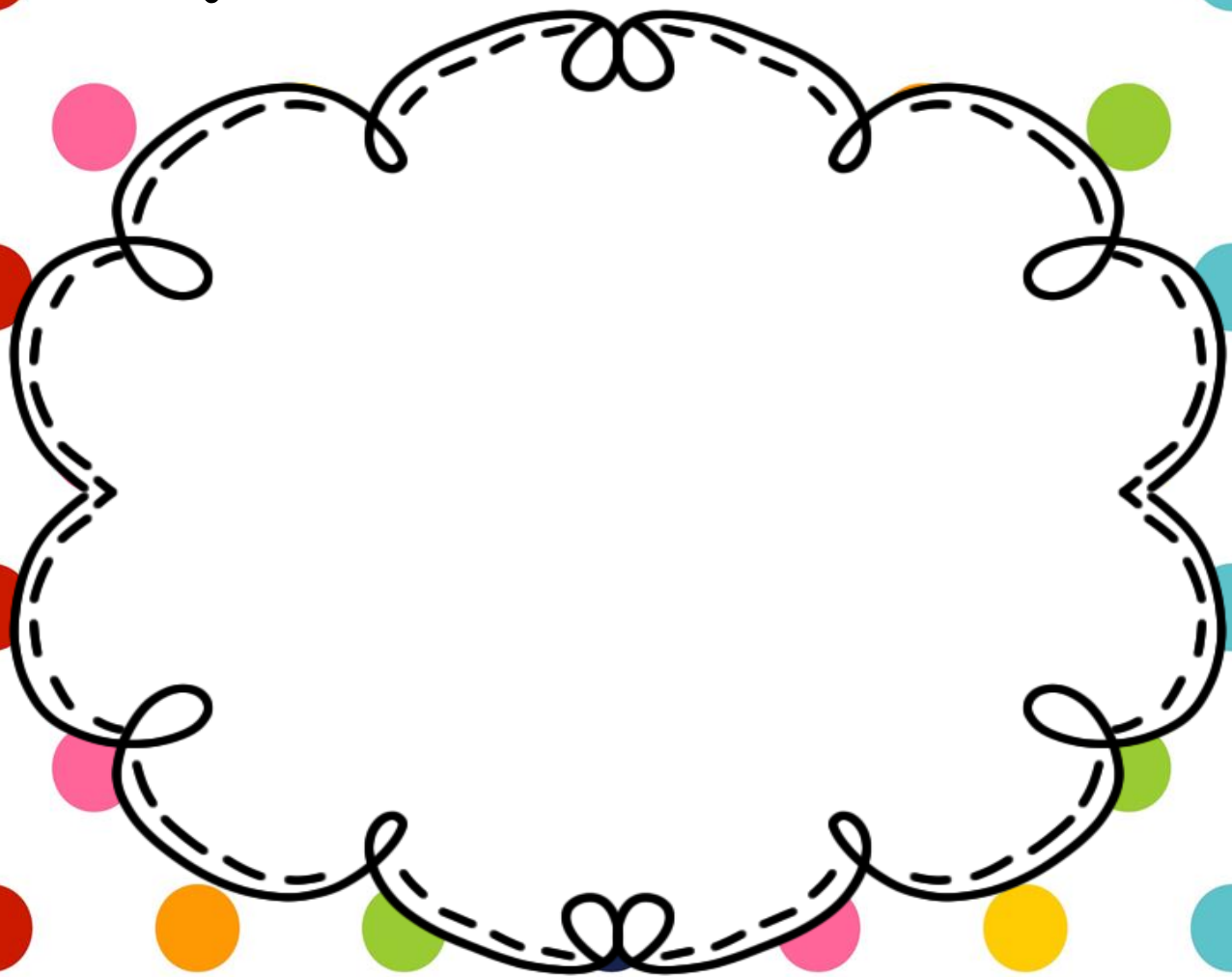
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2015

November



sun

mon

Tues

wed

Thur

Fri

sat

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10

11

12

13

14

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November



1st Sunday

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2nd Monday

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3rd Tuesday

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4th Wednesday

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November

5th Thursday

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6th Friday

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7th Saturday

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November



8th Sunday

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9th Monday

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10th Tuesday

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11th Wednesday

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November

12th Thursday

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13th Friday

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14th Saturday

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Notes:

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November



15th Sunday

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16th Monday

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17th Tuesday

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18th Wednesday

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November

19th Thursday

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20th Friday

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21st Saturday

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Notes:

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November



22nd Sunday

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23rd Monday

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24th Tuesday

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25th Wednesday

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November

26th Thursday

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27th Friday

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28th Saturday

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November



29th Sunday

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30th Monday

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Notes:

Notes:



December

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- Think positive
- Work hard
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- Pay all monthly bills
- Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

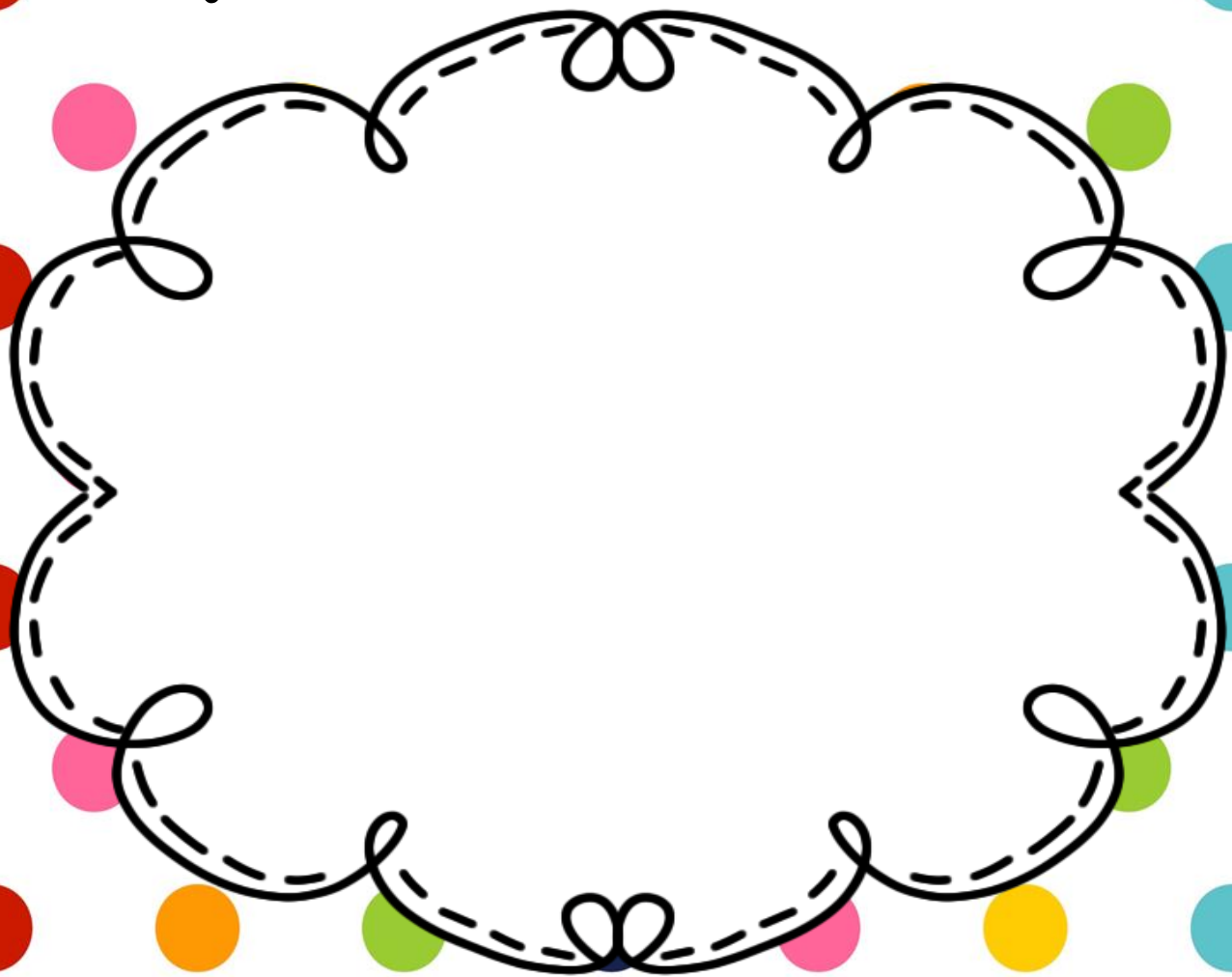
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2015

December



sun

mon

Tues

wed

Thur

fri

sat

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	Christmas Day	Boxing Day

December



1st Tuesday

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2nd Wednesday

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3rd Thursday

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4th Friday

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December

5th Saturday

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6th Sunday

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7th Monday

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Notes:

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December



8th Tuesday

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9th Wednesday

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10th Thursday

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11th Friday

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December

12th Saturday

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13th Sunday

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14th Monday

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Notes:

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December



15th Tuesday

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16th Wednesday

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17th Thursday

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18th Friday

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December

19th Saturday

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20th Sunday

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21st Monday

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Notes:

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December



22nd Tuesday

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23rd Wednesday

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24th Thursday

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25th Friday

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December

26th Saturday

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27th Sunday

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28th Monday

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Notes:

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December



29th Tuesday

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30th Wednesday

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31st Thursday

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Notes:

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Notes:



January

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My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016

January



sun

mon

Tues

wed

Thur

Fri

sat

31

1

2

New Year's
Day

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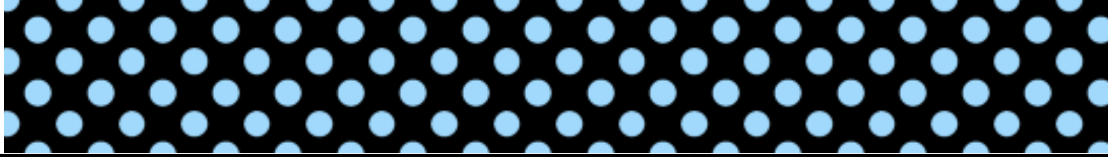
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January



1st Friday

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2nd Saturday

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3rd Sunday

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4th Monday

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January

5th Tuesday

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6th Wednesday

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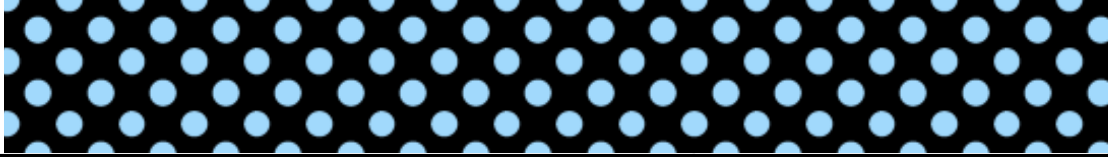
7th Thursday

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Notes:

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January



8th Friday

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9th Saturday

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10th Sunday

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11th Monday

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January

12th Tuesday

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13th Wednesday

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14th Thursday

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Notes:

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January



15th Friday

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16th Saturday

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17th Sunday

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18th Monday

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January

19th Tuesday

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20th Wednesday

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21th Thursday

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January



22nd Friday

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23rd Saturday

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24th Sunday

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25th Monday

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January

26th Tuesday

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27th Wednesday

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28th Thursday

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Notes:

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January



29th Friday

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30th Saturday

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31st Sunday

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Notes:

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Notes:

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Notes:



February

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My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

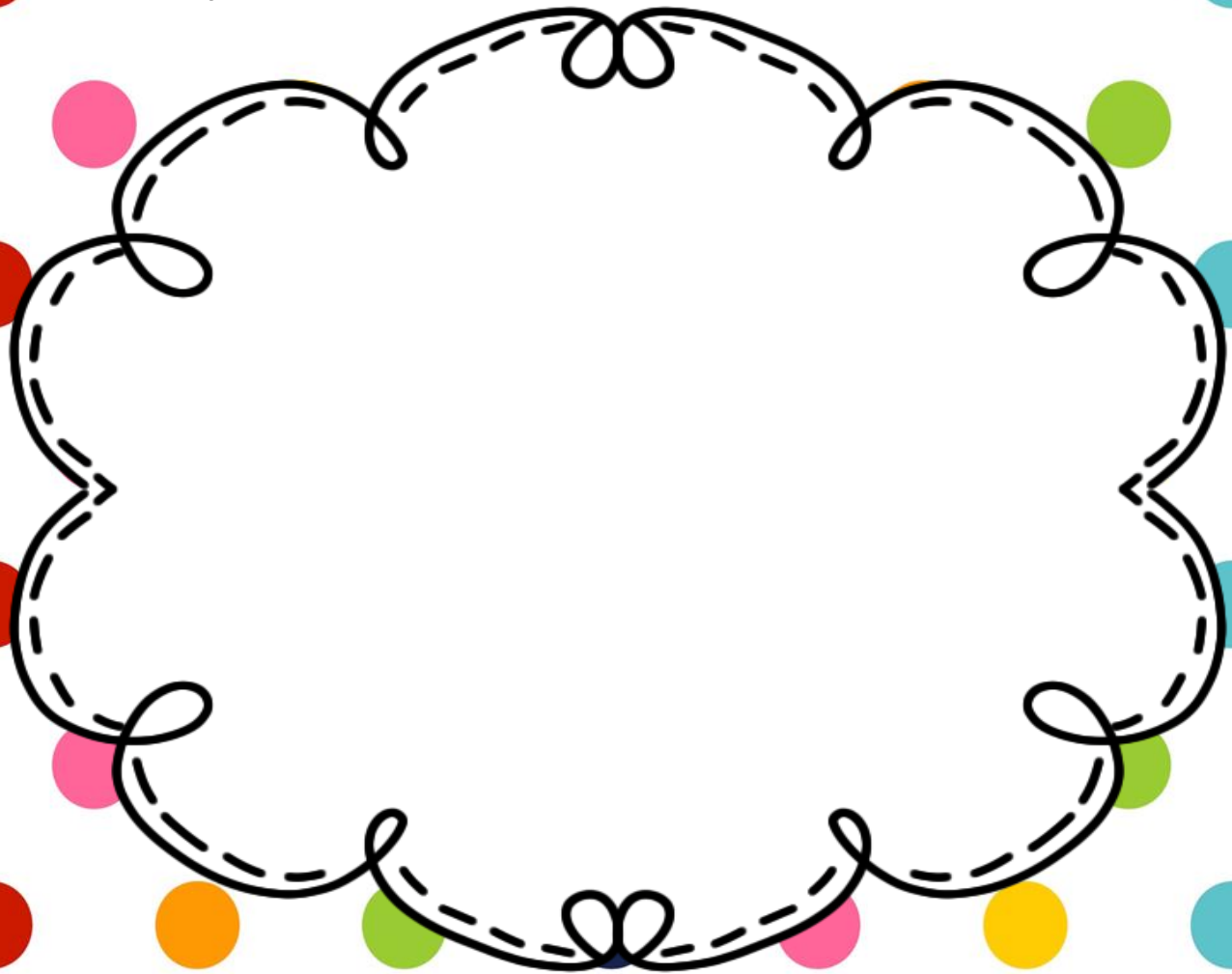
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016

February



sun	mon	Tues	wed	Thur	fri	sat
	1	2	3	4	5	6
7	8 Carnival Monday	9 Carnival Tuesday	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

February



1st Monday

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2nd Tuesday

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3rd Wednesday

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4th Thursday

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February

5th Friday

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6th Saturday

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7th Sunday

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February



8th Monday

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9th Tuesday

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10th Wednesday

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11th Thursday

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February

12th Friday

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13th Saturday

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14th Sunday

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Notes:

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February



15th Monday

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16th Tuesday

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17th Wednesday

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18th Thursday

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February

19th Friday

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20th Saturday

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21st Sunday

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February



22nd Monday

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23rd Tuesday

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24th Wednesday

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25th Thursday

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February

26th Friday

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27th Saturday

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28th Sunday

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February



29th Monday

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Notes:



March

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- ☒ Talk to the creator first thing each morning
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- ☒ look for positive traits in everyone you meet
- ☒ Think positive
- ☒ Work hard
- ☒ Immediately tidy areas after using
- ☒ Pay all monthly bills
- ☒ Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

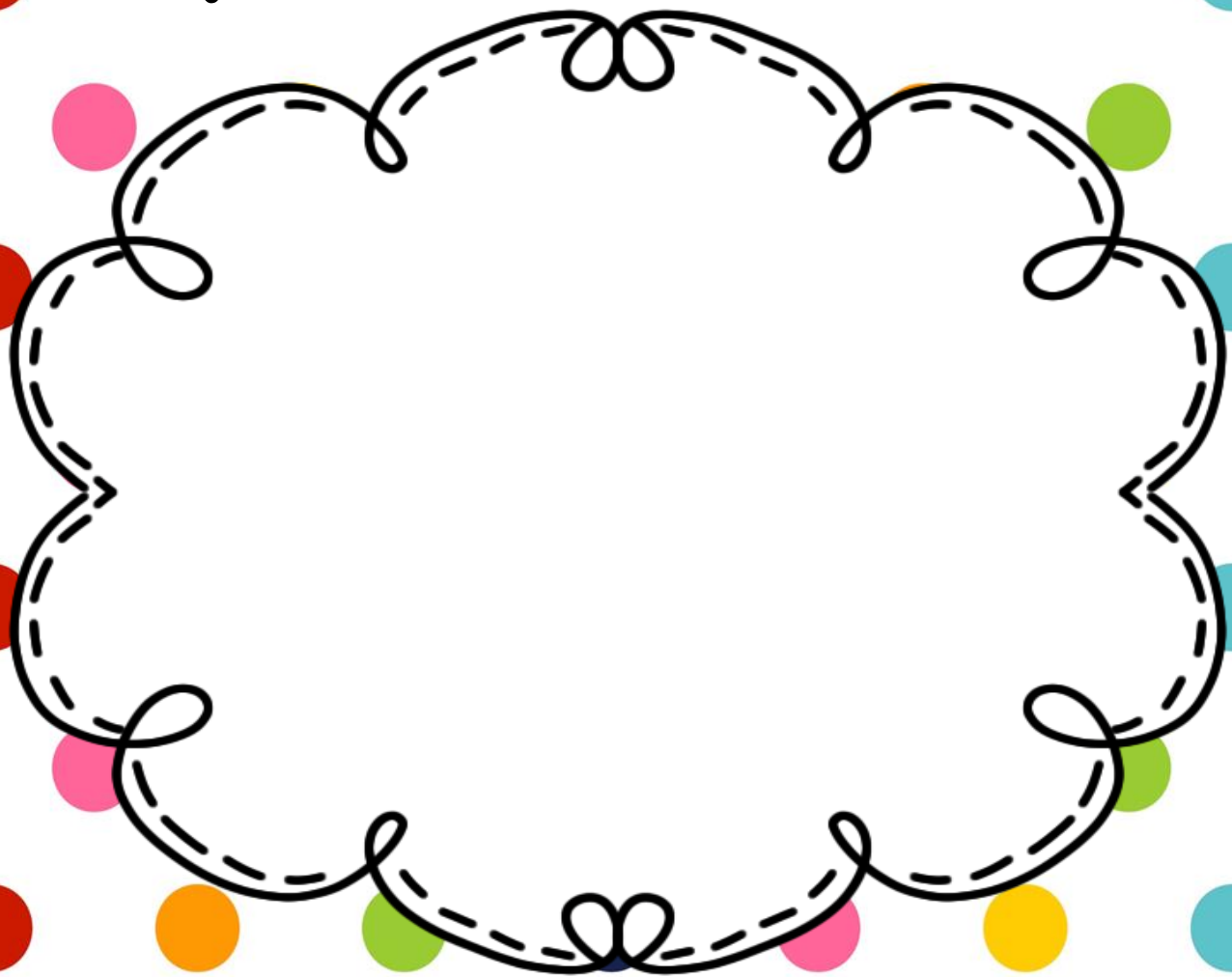
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016 March



SUN

MON

TUES

WED

THUR

FRI

SAT

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30 Spiritual Baptist Liberation Day	31		

March



1st Tuesday

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2nd Wednesday

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3rd Thursday

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4th Friday

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March

5th Saturday

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6th Sunday

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7th Monday

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March



8th Tuesday

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9th Wednesday

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10th Thursday

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11th Friday

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March

12th Saturday

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13th Sunday

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14th Monday

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March



15th Tuesday

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16th Wednesday

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17th Thursday

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18th Friday

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March

19th Saturday

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20th Sunday

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21st Monday

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Notes:

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March



22nd Tuesday

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23rd Wednesday

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24th Thursday

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25th Friday

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March

26th Saturday

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27th Sunday

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28th Monday

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Notes:

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March



29th Tuesday

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30th Wednesday

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31st Thursday

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Notes:



April

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- ☒ Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

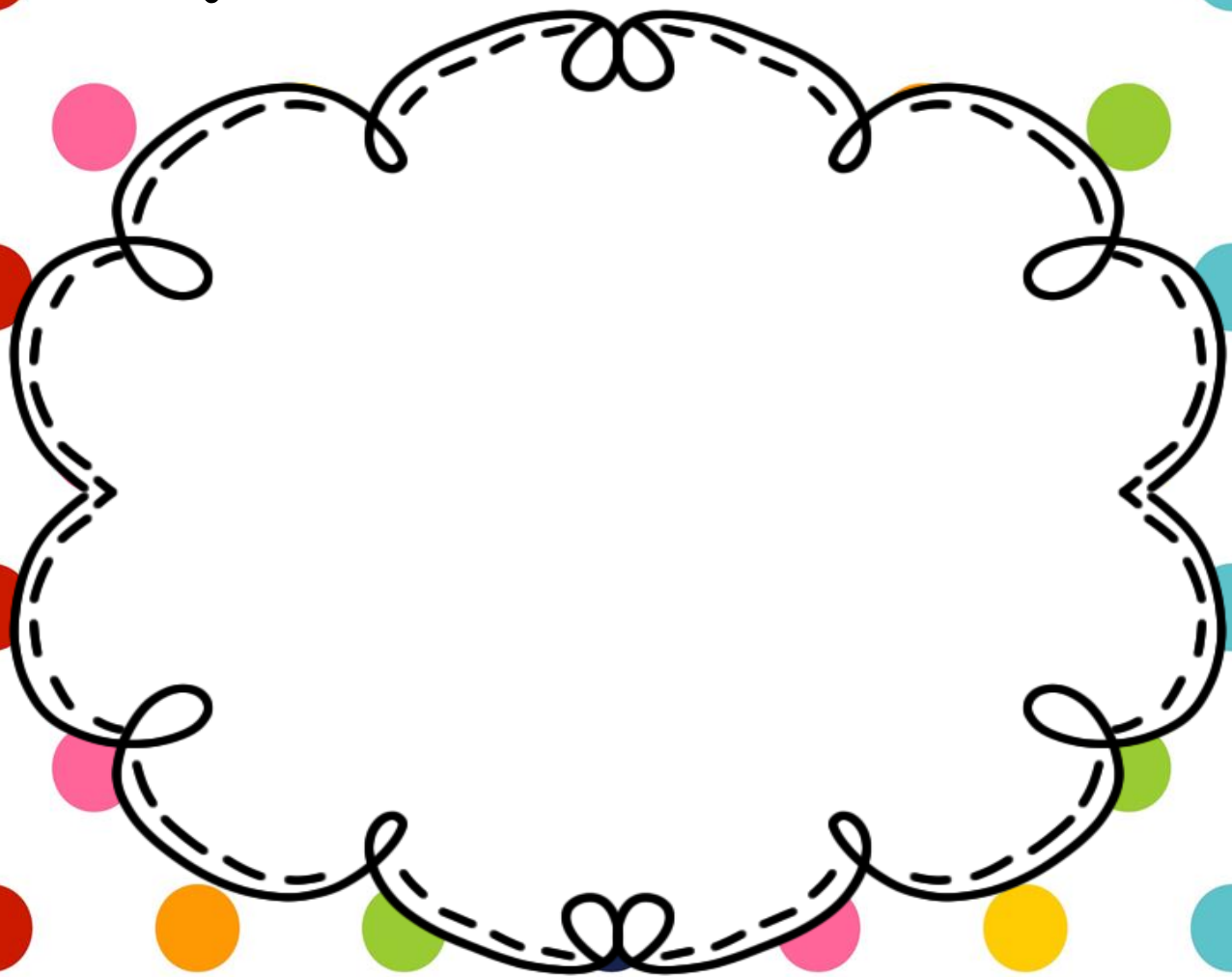
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016 April



sun

mon

Tues

wed

thur

fri

sat

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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

April



1st Friday

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2nd Saturday

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3rd Sunday

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4th Monday

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April

5th Tuesday

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6th Wednesday

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7th Thursday

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Notes:

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April



8th Friday

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9th Saturday

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10th Sunday

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11th Monday

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April

12th Tuesday

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13th Wednesday

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14th Thursday

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April



15th Friday

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16th Saturday

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17th Sunday

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18th Monday

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April

19th Tuesday

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20th Wednesday

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21st Thursday

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Notes:

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April



22nd Friday

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23rd Saturday

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24th Sunday

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25th Monday

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April

26th Tuesday

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27th Wednesday

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28th Thursday

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Notes:

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April

29th Friday

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30th Saturday

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Notes:

A series of horizontal lines for writing notes, with a vertical margin line on the left side.



May

hey! Remember to:

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- Work hard
- Immediately tidy areas after using
- Pay all monthly bills
- Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

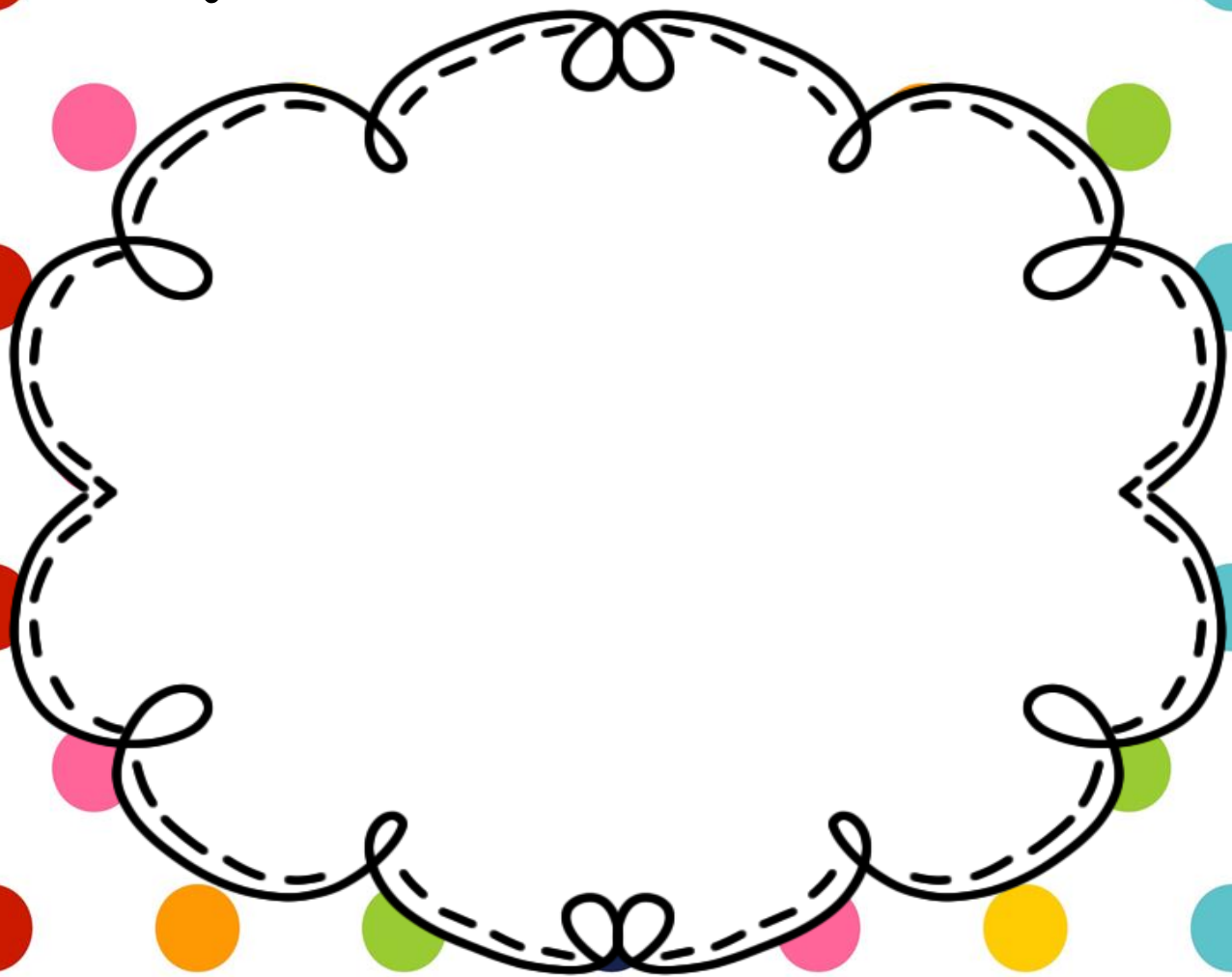
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016 May



sun	mon	Tues	Wed	Thur	Fri	sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 India Arrival Day	31				

May



1st Sunday

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2nd Monday

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3rd Tuesday

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4th Wednesday

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May

5th Thursday

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6th Friday

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7th Saturday

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Notes:

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May



8th Sunday

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9th Monday

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10th Tuesday

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11th Wednesday

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May

12th Thursday

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13th Friday

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14th Saturday

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May



15th Sunday

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16th Monday

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17th Tuesday

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18th Wednesday

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May

19th Thursday

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20th Friday

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21st Saturday

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May



22nd Sunday

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23rd Monday

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24th Tuesday

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25th Wednesday

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May

26th Thursday

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27th Friday

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28th Saturday

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Notes:

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May



29th Sunday

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30th Monday

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31st Tuesday

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Notes:

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June

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My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

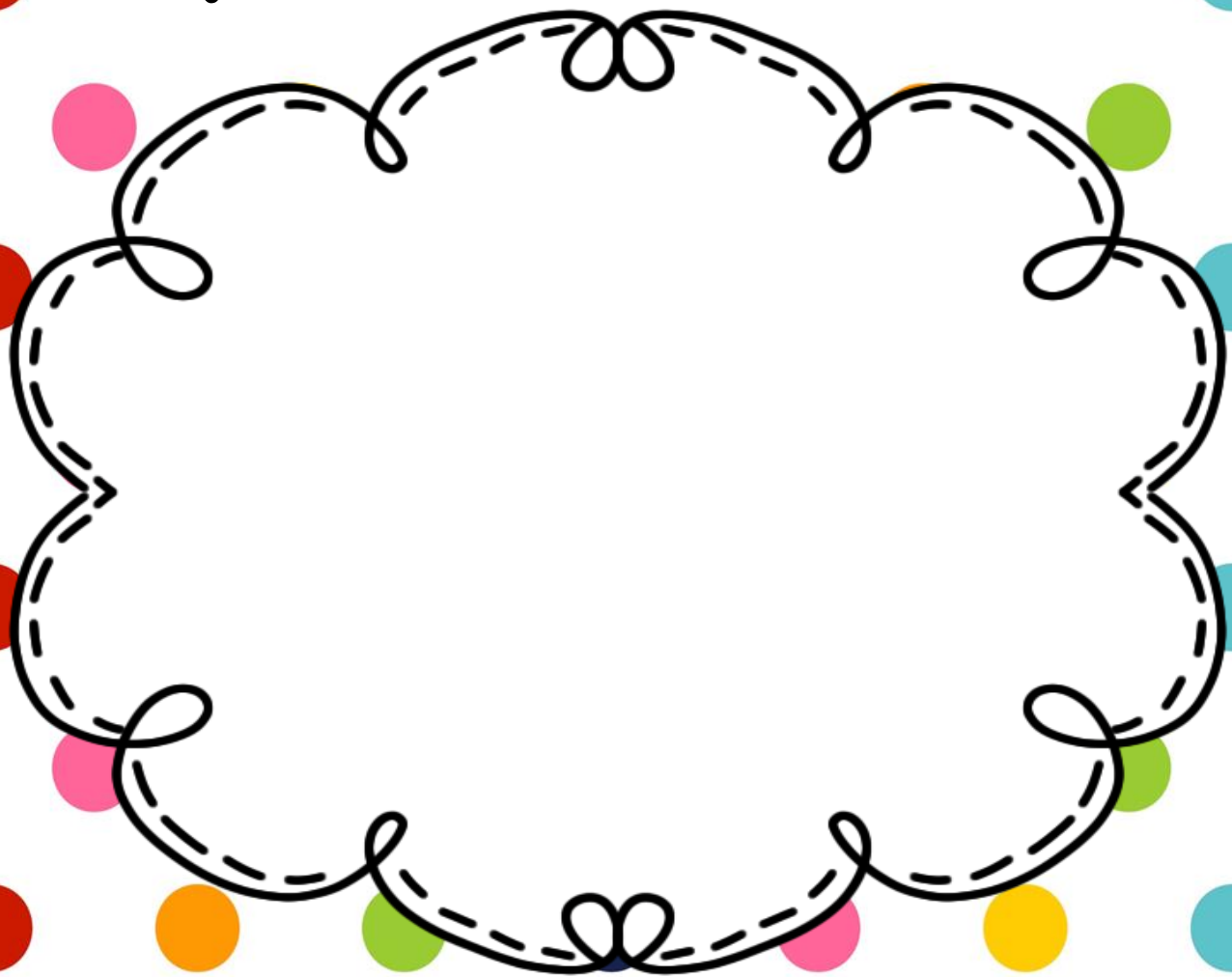
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016 June



SUN

MON

TUES

WED

THUR

FRI

SAT

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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
Labour Day						
26	27	28	29	30		

June



1st Wednesday

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2nd Thursday

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3rd Friday

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4th Saturday

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June

5th Sunday

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6th Monday

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7th Tuesday

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Notes:

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June



8th Wednesday

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9th Thursday

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10th Friday

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11th Saturday

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June

12th Sunday

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13th Monday

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14th Tuesday

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Notes:

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June



15th Wednesday

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16th Thursday

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17th Friday

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18th Saturday

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June

19th Sunday

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20th Monday

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21st Tuesday

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June



22nd Wednesday

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23rd Thursday

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24th Friday

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25th Saturday

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June

26th Sunday

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27th Monday

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28th Tuesday

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June



29th Wednesday

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30th Thursday

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Notes:



July

hey! Remember to:

- Talk to the creator first thing each morning
- Talk to the creator before sleeping each night
- Take five minutes each night to reflect on the day
- Write down one thing you are most thankful for each day
- Meditate for five minutes each day
- Exercise for seven minutes each day
- Eat one fruit each day
- Drink seven glasses of water each day
- Have a family-game night
- Have a girls/guys night out
- Have a movie night at home
- Read a good book each month
- Write down a quote each month
- Call/catch up with an old friend
- Take one day in the month to pamper/treat yourself
- Genuinely compliment someone each day
- Visit the beach
- Laugh
- Love yourself
- look for positive traits in everyone you meet
- Think positive
- Work hard
- Immediately tidy areas after using
- Pay all monthly bills
- Carefully think about all options before making decisions

My Monthly Goals

Family Goals

Personal Development

Social Goals

Health & Fitness

Financial Goals

Work Goals

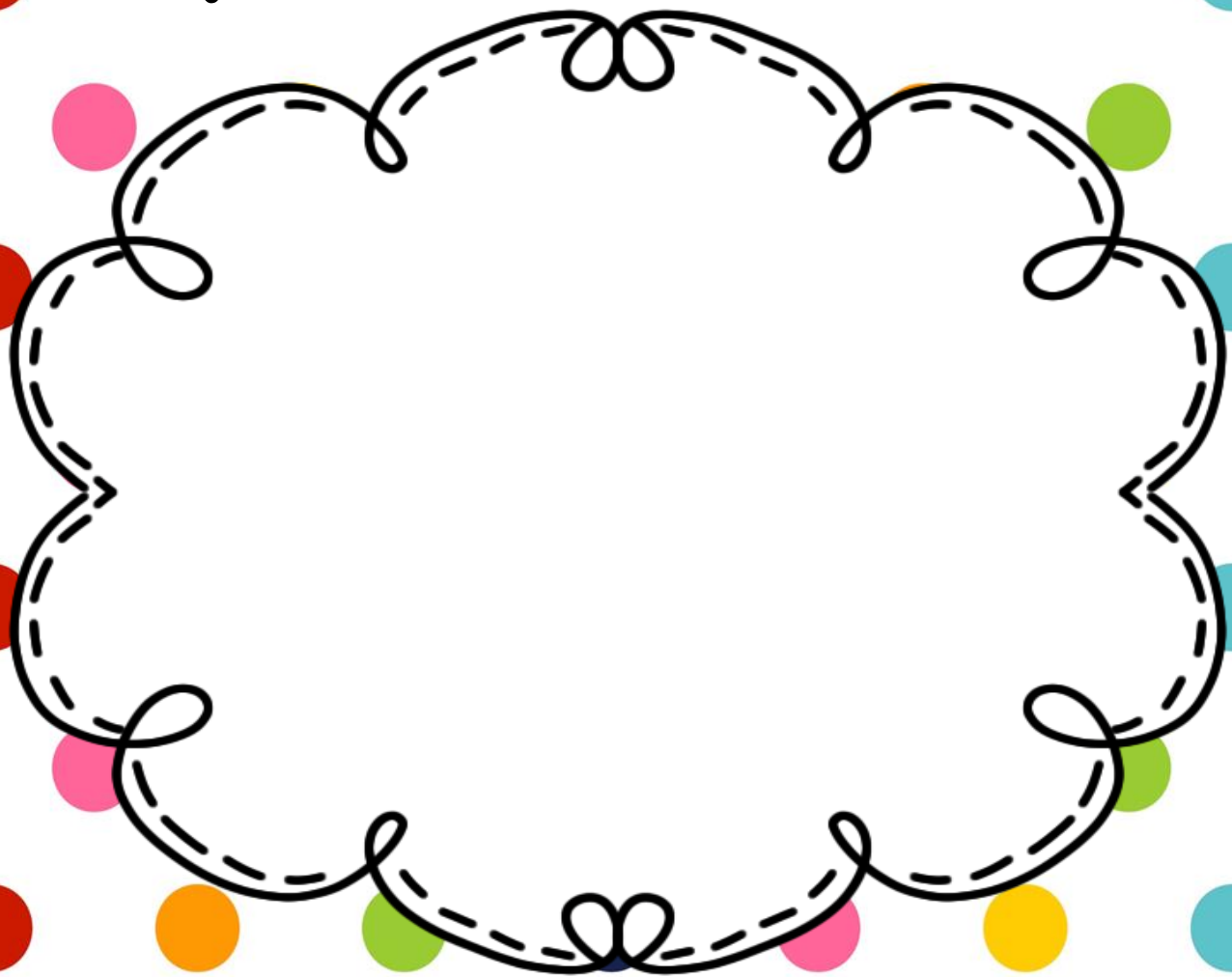
Home Goals

Fun Goals

Spiritual Goals

Community

Quote for the month:



Thankful thoughts

2016 July



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July



1st Friday

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2nd Saturday

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3rd Sunday

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4th Monday

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July

5th Tuesday

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6th Wednesday

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7th Friday

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July



8th Friday

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9th Saturday

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10th Sunday

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11th Monday

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July

12th Tuesday

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13th Wednesday

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14th Friday

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July



15th Friday

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16th Saturday

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17th Sunday

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18th Monday

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July

19th Tuesday

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20th Wednesday

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21st Friday

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July



22nd Friday

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23rd Saturday

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24th Sunday

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25th Monday

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July

26th Tuesday

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27th Wednesday

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28th Friday

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July



29th Friday

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30th Saturday

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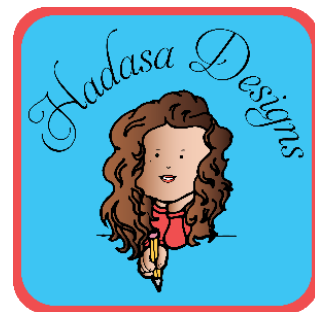
31st Sunday

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Thank you for your graphics!



<http://deanascorner.weebly.com/>